

The Hungry Duck

by Marshall Rosenberg

Please do as I request ONLY

If you can do so with the joy of a little child feeding a hungry duck

Please, please, please, do not do as I request

If there is any of the following mixed in...

Even in the tiniest degree...

If there is any fear of punishment if you don't.

If you are hoping to buy my love, that is hoping that I will love you more if you do.

If you will feel guilty if you don't.

If you will feel shameful.

Out of any sense of obligation

I heard Marshall add...

Otherwise, I will pay.

***Objective:* – to shift perspective around giving from a willingness to give and contribute to the well-being of another, vs. giving from a place of “should.”**

Another version....Of

The Hungry Duck

by Marshall Rosenberg

Please do as I request, only if you can do so with the joy of a little child feeding a hungry duck.

Please do NOT do as I request if there is any taint of fear of punishment if you don't.

Please do not do as I request to buy my love, that is hoping that I will love you more if you do.

Please do not do as I request if you will feel guilty if you don't.

Please do not do as I request if you will feel shameful.

And certainly do not do as I request out of any sense of duty or obligation.

I heard Marshall add....

Otherwise, I will pay.

Objective: – to shift perspective around giving from a willingness to give and contribute to the well-being of another, vs. giving from a place of “should.”